

SEPTEMBER 2023

High School and Junior High

Monday

Tuesday

Wednesday

Thursday

Friday



No School
Labor Day

4

Mini Donut

5

Salisbury Steak w/ Roll
Chicken Patty Sandwich
Mashed Pot & Gravy
Fresh Fruit/ Fruit Cocktail

Cheese Omelet/Biscuit

6

Sloppy Joe Sandwich
Pizza
Celery Sticks/Corn
Fresh Fruit/ Mand Oranges

Breakfast Pizza

7

Tater Tot Nachos
Chicken Patty Sandwich
refried bean/corn/ cookie
Fresh Fruit/ Peaches

Pop-Tart

1

Early Dismissal
11:45 AM

Scrambled Egg/Toast

8

Ravioli w/ Garlic Toast
Pizza
Fresh Carrots/green beans
Fresh Fruit/ Applesauce

Cereal & Yogurt

11

Corn Dog
Chicken Tenders
Green Beans/Fresh Carrots
Fresh Fruit/ Fruit Cocktail

French Toast Sticks

12

Lasagna Roll
Pizza
Romaine Salad/Breadstick
Fresh Fruit/ Pineapple

Breakfast Combo Bar

13

Asian Chicken w/ Rice
Chicken Tenders
Baked Beans/ Celery Sticks
Fresh Fruit/ Mand Oranges

Pancake on Stick

14

Beef Nachos
Pizza
Corn/Salad
Fresh Fruit/ Peaches

Biscuit and Gravy

15

Fish Sticks/ Mac n Chee
Chicken Tenders
Fresh Carrots/Green Beans
Fresh Fruit/ Applesauce

Cereal & Yogurt

18

Hamburger Pony Shoe
Chicken Patty
French fries/ Celery Stick
Fresh Fruit/ Fruit Cocktail

Pancakes

19

Mini Corn Dogs
Pizza
Green Beans / Baby Carrots
Fresh Fruit/ Applesauce

Breakfast Pizza

20

Spaghetti w/ Meat Sauce
Chicken Patty Sandwich
Tossed Salad/ Green beans
Fresh Fruit/ Mand Oranges

Waffle

21

BBQ Riblet Sandwich
Pizza
Baked Beans/ Celery Sticks
Fresh Fruit/ Peaches

Sausage Biscuit

22

Biscuit and Gravy
Chicken Patty Sandwich
Tater Tots/Corn
Fresh Fruit/ Pineapple

Cereal & Yogurt

25

Pork Fritter Sandwich
Pizza
Corn/ Baked Beans
Fresh Fruit/ Fruit Cocktail

Frudel

26

Chicken & Waffle Sandwich
Popcorn Chicken
Green Beans/ Celery Sticks
Fresh Fruit/ Applesauce

Cheese Omelet/Biscuit

27

Chicken Taco
Pizza
Broccoli/Carrots/Cookie
Fresh Fruit/ Pineapple

Mini Cinn. Roll

28

Baked Potato Bar
Popcorn Chicken
Cooked Carrots/ Celery Stick
Fresh Fruit/ Peaches

Pop Tart

29

Early Dismissal
11:45